



St. Augustine Sailing Sisters

SASS – SAYC Spring Fo'ward -

March 7, 2026--Notice of Race--PHRF



The Saint Augustine Sailing Sisters (SASS) in conjunction with the SAYC are proud to present a Women's race featuring all Women helmspersons and encouraging all Women crews or majority Women crews.

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, and FCSA Bylaws.
- 1.2 If there is a conflict between languages the English text will take precedence.

2 Eligibly and Entry

- 2.1 All sailboats as defined in FCSA PHRF Rules, FCSA Bylaws and with a valid FCSA PHRF certificate.
- 2.2 At the discretion of the Race Committee, provisional rating may be assigned while ratings are being processed by FCSA.

3 Fees

- 3.1 Entry Fee will be SAYC Members \$60.00 not inclusive of tax, non-members \$70.00 not inclusive of tax. Payment must be received prior to racing. SAYC Members may charge their house account.

4 Schedule

- 1000 Skippers Meeting at Camachee Cove Yacht Harbor
- 1255 Mixed Crew Warning Signal (Start 1300)
- 1305 All Women Crew Warning Signal (Start 1310)
- 1600 Awards Party at St. Augustine Yacht Club

5 Sailing Instructions & Classes

- 5.1 One race is scheduled for Saturday, March 7, 2026
- 5.2 Classes will be **Mixed Crew** (at least 50% women and a woman must be on the helm at all times) and **All Women**.
- 5.3 Declaration of Spinnaker/Non-Spinnaker must be declared prior to the end of the Skipper's Meeting.
- 5.4 [Sailing instructions](#) will be available at the skippers meeting and on-line.

6 Racing Areas Venue & Courses

- 6.1 North of the Vilano Bridge on the Tolomato River, Saint Augustine.

7 Prizes

- 7.1 Prizes will be awarded to both classes (All Women and Mixed Crew) at the St. Augustine Yacht Club After race party starting at 1600.

8 Disclaimer of Liability

- 8.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

9 Insurance

- 9.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$250,000 per incident or the equivalent.

10 SAYC Associate Membership

- 10.1 A portion of the non-member skipper's registration fee will pay for and grant a SAYC Associate Membership of the skipper for the duration of events hosted at the SAYC, that are directly related to this race, regatta or series. By registering for this event and attending any related event hosted at the SAYC clubhouse, skippers (non-member or otherwise) acknowledge that they are responsible for the conduct of their guests (the SAYC Code of Conduct may be found on the notice board inside the clubhouse) and any debt that their guests may incur.

11 Further Information

- 11.1 For further information please contact Rear Commodore of Sail, Brigitte Wagner, rcos@sayc.club, 973-452-9417



St. Augustine Sailing Sisters

SASS – SAYC Spring Fo'Ward -
March 7, 2026— Sailing Instructions



1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, FCSA PHRF Rules and FCSA Bylaws.
- 1.2 If there is a conflict between these instructions and Notice of Race, these instructions shall take precedence.
- 1.3 If there is a conflict between languages the English text will take precedence.

2 Notices to Competitors

- 2.1 Notice to competitors will be posted on the official [notice board](#).

3 Changes to Sailing Instructions

- 3.1 Any change to the sailing instructions will be posted prior to the end of the skipper's meeting.

4 Signals made Ashore

- 4.1 No signals will be made ashore.
- 4.2 If any race is to be cancelled, will be posted per SI 2.1

5 Schedule of Races

5.1 Schedule – March 7th 2026

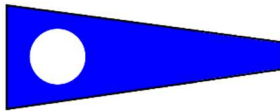
- | | |
|------|-----------------------------------|
| 1000 | Skippers meeting at Camachee Cove |
| 1255 | Mixed Crew Warning Signal |
| 1305 | All Women Crew Warning Signal |
| 1600 | Awards party at SAYC |

- 5.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

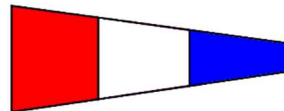
6 Classes and Class Flags

- 6.1 Classes will be Mixed Crew (at least 50% Women) and All Women. Declaration of Spinnaker/Non-Spinnaker must be made prior to the end of the Skipper's Meeting.
- 6.2 Class Flags will be:

Mixed Crew - Code Flag 2



All Women Crew – Code Flag 3



7 Racing Areas

- 7.1 Courses will be set up in accordance with [SI Appendix A](#)
- 7.2 Race committee will indicate direction and laps via VHF Channel 72, no later than 5 minutes prior to warning signal.

8 Marks

- 8.1 Marks are described in SI Appendix A

9 The Start

- 9.1 The Start marks are described in SI Appendix A
- 9.2 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal
- 9.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races
- 9.4 A boat that does not start within 30 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

10 The Finish

- 10.1 The Finish marks are described in SI Appendix A
- 10.2 If the race committee is absent when a boat finishes, she should report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

11 Penalty System

- 11.1 For all classes RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

12 Time Limits

- 12.1 For all classes the time limit will be 3 hours
- 12.2 If no boat has passed the first mark of the course within 60 minutes the race will be abandoned. Failure to meet this time will not be grounds for redress. This changes RRS 62.1(a).

13 Protests and Requests for Redress

- 13.1 Protest forms are available at the Saint Augustine Yacht Club. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 13.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 13.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the Saint Augustine Yacht Club as soon as practical thereafter.

14 Scoring

- 14.1 Low Point Scoring will be used.
- 14.2 Corrected times will be calculated using PHRF Time on Time.
- 14.3 A five (-5) second per mile adjustment will be made for each male on-board in mixed crew.

15 Safety Regulations

- 15.1 A boat that retires from a race shall notify the race committee as soon as possible.
- 15.2 All boats must check-in with the Race Committee, via VHF Channel 72, or by sailing within hailing distance of the committee boat, no later than 5 minutes before the warning of the first start.
- 15.3 See RRS 27.1 and 40.

16 Radio Communication

- 16.1 Except in an emergency, or to comply with above instructions, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 16.2 Race Committee will use VHF Channel 72 for course announcements and registration.

17 Prizes

- 17.1 Prizes will be awarded to both classes at the SAYC Clubhouse after race party, starting at 1600.

18 Disclaimer of Liability

- 18.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 18.2 A signed current [Race Waiver Form](#) is required to be on file with SAYC.

19 Insurance

- 19.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$250,000 per incident or the equivalent.

20 Further Information

- 20.1 For further information please contact Brigitte Wagner, Rear Commodore of Sail, 973-452-9417, rcos@sayc.club