



# HANDS ON THE HELM REGATTA

Sunday, October 6<sup>th</sup>, 2024

**Race #3: FCSA 2024 St. Johns River Women's Series**

**Sponsored By**

**North Florida Cruising Club**

P.O. Box 24268, Jacksonville FL 32241

## NOTICE OF RACE & SAILING INSTRUCTIONS

### 1.0 RULES

- 1.1 The Regatta will be governed by the current Racing Rules of Sailing (RSS) and the PHRF Rules of the First Coast Sailing Association (FCSA). These may be altered by these Sailing Instructions.

### 2.0 ELIGIBILITY AND ENTRY

- 2.1 All female crews are encouraged to register.  
All boats must be helmed by a female at all times while racing.
- 2.2 All boats must have a current and valid PHRF rating from FCSA on file.  
(Obtain this at [www.sailjax.com](http://www.sailjax.com)).
- 2.3 A signed registration form must be received by NFCC Race Committee before the start of the race to be eligible to race, and the entrance fee must have been received to be scored in the race.
- 2.4 Competitors participate in the Race entirety at their own risk. NFCC, the organizing authority, will not accept any liability for material damage or personal injury or death sustained in conjunction before, during, or after the race.

### 3.0 CLASSES

- 3.1 **All Female Class** : Open to boats with all-female crews or a female crew with no more than one male defined as the Owner, or the Owner's representative (such as may be defined by insurance) but he shall not assist the crew in any way while racing. All Female Class boats may register with their Spinnaker or Non-Spinnaker Rating.
- 3.2 **Mixed Crew Class** : (As defined by FCSA PHRF Rules) Sailing a Cruiser Class boat with mixed crew with 50% or more of those on board being female. All Cruising Class boats may register with their Spinnaker or Non-Spinnaker Rating.

### 4.0 REGISTRATION and ENTRY FEE

- 4.1 The standard FCSA Race Entry Form must be submitted along with the appropriate fee and shall be filed with the NFCC Race Committee by 5:00 PM Saturday, October 5<sup>th</sup>, 2024.

See Registrations Options to Follow :

- 4.2 A completed Race Entry Form with check entry fee can be mailed to: NFCC Race Committee, P.O. Box 24268, Jacksonville, FL 32241. Entry Forms must be received to the P.O. Box by 5 PM on Saturday, October 5<sup>th</sup>, 2024.
- 4.3 A completed Race Entry Form (without fee) can be scanned and emailed to [allen.jones53774@gmail.com](mailto:allen.jones53774@gmail.com) by 5 PM Saturday, October 5<sup>th</sup>, 2024. A mailed check must be received by Saturday Oct, 12th to the above-mentioned P.O. Box. If a check is not received by this date, it will be assumed that the boat was not registered for the race and the boat will not be eligible for a trophies or points.
- 4.4 A Completed Race Entry Form and applicable fee can be hand delivered to Allen Jones by Saturday, October 5th by 5PM. Please phone to coordinate a time and place to meet.
- 4.5 A signed Race Entry Form must be in the hands of the Race Committee to be entered in the race.
- 4.6 The entry fee is \$30 for NFCC Members, and \$35 for non-members. Make checks payable to: North Florida Cruising Club.

## **5.0 ON-SITE RACE MANAGEMENT & COMMUNICATIONS**

- 5.1 No Skippers Meeting is planned for this event. No Committee boat is planned for the start of the race and no Committee Boat is planned at the finish of the race. The individual racers will take their own times.
- 5.2 Timepiece Synchronization. All start and finish times for the race shall be synchronized to Eastern Daylight Time (UTC minus 4hours) 24hour format. All times will be synchronized to US Naval Observatory Master Clock (USNO), telephone voice announcer : (202) 762-1401 or (202) 762-1069.
- 5.3 A yacht shall record its own finish time (to the second). As a courtesy, the finishing yacht should make an obvious turning maneuver and simultaneously sound a horn to indicate it has finished racing. When possible, note the finishing times of nearby yachts (hence the turning maneuver and courtesy)
- 5.4 Communications. While no Committee Boat will be on station before, during, or after the race, competitors are encouraged to monitor VHF Channel 16 for safety concerns and haly other boats to go to VHF Channel 72 for race discussions between boats if needed.

## **6.0 SCHEDULE OF EVENTS**

- 6.1 One race is scheduled on Sunday, October 6th, 2024. The starting time will be 1300 ET near Marker Fl Gr 9 on the St. Johns River as depicted on the RiverChart/ATONS Chart as found on the sailjax.com website.
- 6.2 If the race should be cancelled due to inclement weather, all registrants will be notified by text message by 0800 hours Sunday Morning, October 6th.
- 6.3 Any and all boats that show up will constitute a race and results will count towards points for the race

## **7.0 COURSE**

- 7.1 The course will start at River Marker Fl Gr 9 sailing north to Fl Marker G5, taking it to port, and then returning to the finish at River Marker Fl Gr 9 taking it to starboard.
- 7.2 One time around the course constitutes the total distance of the race.

## **8.0 THE START and STARTING LINE**

- 8.1 There will be no Race Committee nor Committee boat at the start line. Yachts shall self-start as follows: No yacht shall start prior to 1300 ET. The start line shall be an imaginary line running west from Fl Gr 9 (north of Buckman Bridge) a distance of 500 ft, at 270 Degrees, towards to the western shoreline, as depicted in NOAA chart 11492.
- 8.2 A yacht shall have started when any part of her hull, crew, or equipment touches this imaginary line while sailing in the proper starting direction – from south to north.
- 8.3 Engine propulsion shall be disengaged during the last four minutes prior to the designated start time.
- 8.4 Any vessel over the line early will perform an “end to round” rounding to restart their race (in accordance with RRS 30.1). Hopefully any boat that starts early will be observed and notified by other boats at the starting area.

## **9.0 THE FINISH**

- 9.1 There will be no Race Committee nor Committee Boat at the finish line.
- 9.2 Boats shall take their own finish time synchronized with USNO time when any part of the boat’s hull crosses the finish line.
- 9.3 The finish line shall be an imaginary line running east from Fl Gr 9 (north of Buckman Bridge) to the shoreline, as depicted in NOAA chart 11492. Direction of finishing shall be north to south. Marker Fl Gr 9 will be to the right when finishing.
- 9.4 As soon as practical after finishing, a yacht shall report its finish time to the Race Committee via text message to 904-321-7010. Leave a message with your vessel name and finish time as a text. All finish times must be texted to the Race Committee by 2000 ET Sunday, October 6th to the number above.
- 9.5 Boats that do not finish shall text the Race Committee that they did not finish.
- 9.6 Boats that have not finished by 1800 hours (6pm) shall be scored DNF.

## **10.0 SCORING THE RACE**

- 10.1** Classes will be scored using PHRF Time on Distance. The total distance used for calculating results will be 5.852 nautical miles per the RaceCourse/ATOMS Chart found on the FCSA website.
- 10.2** The Low Point scoring system of Appendix A will apply.
- 10.3** Boats withdrawing from the race or not finishing shall text their intention with boat name to 904-321-7010.

## **11.0 POSTING RESULTS**

- 11.1 Baring any problems, results will be emailed to all racers who listed an email address on their registration form with-in 48 hours after the race.
- 11.2 Results of this race will be forwarded to the First Coast Sailing Association website for inclusion in the computation for the St. Johns River Women’s Series.

## **12.0 PROTESTS and PROTESTS**

- 12.1 Hopefully and protests can be resolved by the competitors since there will be no Race Committee nor Race Committee Boat at the start nor the finish.
- 12.2 RSS Rule 44.1 is changed that a Two-Turn Penalty is replaced by a One-Turn Penalty

## **13.0 NOTICES TO COMPETITORS**

- 13.1 This document is the only printed Notice pertaining to the running of the race.
- 13.2 If notices are required, they will be emailed to the Participants by 0800 ET Sunday Morning Oct. 6<sup>th</sup>.

## **14.0 SAFETY**

- 14.1 For the safety of all race participants, the NFCC Race Committee strongly recommends the wearing of a life jacket during the race.

## **15.0 RACE AWARDS**

- 15.1 Prizes will be given out at the next NFCC General Membership Meeting, Tuesday October 15th, for up to three positions in each class.

## **16.0 INFORMATION**

- 16.1 Contact: Allen Jones, Acting Race Committee, at 904-321-7010, text or phone, or email at [allen.jones53774@gmail.com](mailto:allen.jones53774@gmail.com)