



HANDS ON THE HELM REGATTA

Saturday, September 24, 2022 1:00 PM

Race #3: FCSA 2022 Women's Sailing Series

North Florida Cruising Club

PO Box 24268, Jacksonville FL 32241

NOTICE OF RACE (Rev 2, 9/22)

1.0 RULES

1.1 The Regatta will be governed by the current Racing Rules of Sailing (RSS) and the rules of First Coast Sailing Association (FCSA). These may be altered by the Sailing Instructions.

2.0 ELIGIBILITY AND ENTRY

2.1 All female crews are encouraged to register. Competitor's requirements for mixed crew eligibility sailing are: **boat must be helmed by a female while racing.**

2.2 All boats must have a valid PHRF rating from FCSA (Obtain this at www.sailjax.com). Boats not having a valid rating may obtain an uncontestable temporary PHRF rating on a one-time basis, assigned in accordance with FCSA Rules.

2.3 Participating boats shall have their sail number on the mainsail and on headsails with an LP exceeding 130%.

2.4 Eligible boats may enter by completing registration with the NFCC, which is the organizing authority.

3.0 ENTRY FEE/REGISTRATION

3.1 Entry fee is \$20 for members; \$25 for non-members. Please make checks payable to The North Florida Cruising Club and mail to: Robert Beringer, 4599 Deep River Place, Jacksonville, FL 32224, accompanied by a Standard Race Entry Form available at <http://www.sailjax.com/FCSA-Race-Entry.pdf>

Boats may also register between 10:30 thru 11:45 on the day of the race, or at the NFCC membership meeting September 15, 18:45 at Noura Café, San Jose @ University.

4.0 CLASSES

4.1 **Performance Class:** Open to Spinnaker and Non-Spinnaker performance boats with all-female crews or a female crew with no more than one male defined as the Owner, or the Owner's representative (such as may be defined by insurance) but he shall not assist the crew in any way while racing.

4.2 **Cruiser Class:** (As defined by FCSA PHRF Rules) Sailing a Cruiser Class boat with mixed crew with 50% or more of those on board being female and the boat must be helmed by a female while racing.

5.0 SCHEDULE OF EVENTS

5.1 Saturday, September 24: Competitors Meeting: None. Warning Signal for first start 1255.

6.0 NOTICES TO COMPETITORS

6.1 This 3-page document is the only printed Notice pertaining to the running of the race.

6.2 LISTEN TO CHANNEL 72 AT 1230. A Race Notice pertaining to any changes to the start and running of the race will be made by VHF radio transmission on Channel 72 at 1230 on Saturday, September 24.

7.0 THE START

7.1 There will be no RC boat at the start line. Yachts shall self-start as follows: No yacht shall start prior to 1300 ET as synchronized with USNO time. The start line shall be an imaginary line running west from Fl G 9 (north of Buckman Bridge) to the shoreline, as depicted in NOAA chart 11492. A yacht shall have started when any part of her hull, crew, or equipment touches this imaginary line while sailing in the proper starting direction – from south to north. Engine propulsion shall be disengaged during the last four minutes prior to the designated start time. Any vessel early over the line will perform and ‘end to round’ on any part of the starting line and restart the race (in accordance with RRS 30.1).

7.3 For the safety of all race participants, the NFCC Race Committee strongly recommends the wearing of a life jacket during the race.

8.0 COURSE

8.1 After the start all yachts will proceed to Fl G 5 and keep it to port as you round it, then return to Fl G 9 keeping it to starboard as you round it, repeat course, and finish on imaginary line to west of Fl G9. That’s four legs: Start/9 to 5 to 9 to 5 to 9/Finish.

8.2 Using a timepiece that is synchronized with USNO time, a yacht shall record its own finish time (to the second). As a courtesy, the finishing yacht should make an obvious turning maneuver and simultaneously sound a horn to indicate it has finished racing. When possible, note the finishing times of nearby yachts (hence the turning maneuver and courtesy horn).

8.3 As soon as practical after finishing, a yacht shall report its finish time to the Race Committee via text message at 910 – 705 - 6834. Leave a message with your vessel name, class, and finish time as a text or voicemail. In no case shall a yacht fail to report its time directly to the RC any later than one hour following its finish (text or voice messages accepted – leave your boat name, finish time, and a call-back number – speak CLEARLY).

9.0 SCORING THE RACE

9.1 Classes will be scored using PHRF “Time on Distance.”

9.2 The Low Point scoring system of Appendix A will apply.

9.3 Each boat starting and finishing the race, and not thereafter retiring or being disqualified, will be scored points equal to her corrected finishing place in class.

9.4 Results of this race will be forwarded to the First Coast Sailing Association for inclusion in the computation for Series scoring.

10.0 RACE PRIZES

8.1 First, second, and third place recognition will be awarded in each class.

11.0 INFORMATION

Contact: Robert Beringer, NFCC 904.703.5271