



2012 Hands on the Helm Regatta

NORTH FLORIDA CRUISING CLUB

SATURDAY, October 20, 2012

St. Johns River beginning in the vicinity of Fleming Island Marina

NOTICE OF RACE AND SAILING INSTRUCTIONS

Proceeds from this race will be donated to Hubbard House of Jacksonville. Additional donations by competitors will also be accepted and donated. In its efforts to end domestic violence, Hubbard House provides safety for victims and their children, empowering victims, and social change through education and advocacy. Every woman, man, and child who comes to Hubbard House finds support, counseling, and education as they begin the difficult and dangerous transition to safety and peace. Victims of domestic violence and their children are not charged for the lifesaving services they receive at Hubbard House.

1.0 RULES - The race will be governed in order of precedence by (1) this Notice of Race and Sailing Instructions; (2) the rules of the First Coast Sailing Association; and (3) The Racing Rules of Sailing, 2009-2012 (RRS).

2.0 MANAGEMENT - This race will be under the management of the North Florida Cruising Club which is also the organizing authority.

3.0 ELIGIBILITY

3.1 The race is open to all yachts with a valid PHRF certificate from the First Coast Sailing Association (FCSA - www.sailjax.com). The NFCC Club Handicapper is Jeff Knoll (jeff.knoll@st-barts.com). Yachts that do not have a current PHRF rating assigned by the FCSA may obtain a provisional new rating (\$35.00 first-time annual fee) that will be submitted to FCSA for formal review.

3.2 A yacht participating in the Spinnaker or Non-Spinnaker Class shall have her sail number on the mainsails, spinnakers, and all headsails with an LP exceeding 130% of J. A yacht sailing in the Cruiser Class shall have an identifying sail number on her mainsail.

4.0 REGISTRATION and ENTRY FEE

4.1 The standard FCSA race entry form must be completed in full and filed with the Race Committee before the Competitors Meeting.

4.2 Participants are encouraged to register in advance by sending the completed form with the appropriate fee to: Ken Christensen, NFCC Race Captain, 28166 Rayna Lane., Hilliard, FL 32046. Registration may also be completed on the day of the race at the covered picnic tables at Fleming Island Marina. Race Registration will be accepted when the race committee arrives on site up to the time that the Skippers Meeting commences.

4.3 The entry fee is \$25.00 for NFCC Members, and \$30.00 for non-members (\$25.00 if U.S. Sailing Member). Checks should be made payable to North Florida Cruising Club.

5.0 CLASSES - The fleet will be divided into "All Female" and "Mixed Crew" classes which may be further divided into Spinnaker and Non-Spinnaker divisions. Mixed crew is defined as a maximum 1:1 ratio of men to women on board while racing. Helming during racing shall be by women only.

6.0 SCHEDULE OF EVENTS

Race day registration, Competitors Meeting, and post-race activities will be held October 20, 2012 at Fleming Island Marina at the covered picnic tables. Fleming's office telephone is: 904-264-9100.

Registration: Race Committee arrival till Skippers Meeting.

Competitors Meeting: 11:55 AM

Warning signal for first start: 12:55 PM

7.0 NOTICES TO COMPETITORS

7.1 Notices to competitors and changes to this Notice of Race and Sailing Instructions will be posted before the Competitors Meeting on a white board at the covered picnic tables at Fleming Island Marina.

7.2 The course will be announced at the Competitors Meeting.

8.0 THE START and FINISH

8.1 The start line will be between an orange flag on the race committee boat and a pin-end buoy or government ATON.

8.2 Yachts shall check in with the race committee prior to the warning signal of the first class by sailing past the stern of the race committee boat on starboard tack and hailing her sail number, or by hailing the race committee on VHF channel 72. Yachts failing to check in may be scored DNS.

8.3 The race will be started in accordance with RRS 26 with the warning signal given five minutes before the starting signal. The warning signal for each succeeding class will be made after the previous class has cleared the starting area.

8.4 The warning/class flag for Spinnaker classes will be Gold. The warning/class flag for Non-Spinnaker classes will be Pink.

8.5 Yachts whose warning signal has not been made shall avoid interfering with yachts preparing to start.

8.6 The preparatory flag for all classes will be the "P" flag.

8.7 Individual and general recalls will be in accordance with RRS 29. In addition, the race committee will attempt to announce over VHF channel 72 the sail numbers of premature starters. If a general recall is signaled, the order of starts will not change; all subsequent starts will be delayed correspondingly.

8.8 Yachts failing to cross the starting line within 20 minutes of their start signal may be scored DNS.

8.9 If a postponement is signaled by display of the "AP" flag, the warning signal for races not yet started will be made not more than 5 minutes after "AP" is lowered.

8.10 The finish line will be between an orange flag on the race committee boat and a pin-end buoy or government ATON.

8.11 Time limit - Any yacht that has not finished by 17:30 local shall be scored DNF.

9.0 PENALTIES - The two-turns penalty will apply in accordance with RRS 44. Any yacht which exonerates herself from a minor foul in this manner shall notify the Race Committee of such action after finishing.

10.0 PROTESTS - All protests shall be submitted in writing to the Race Committee after the race no later than 20 minutes after the race committee boat arrives at the dock. Notice of protest must also be given immediately after finishing by hail, and acknowledged by the Race Committee.

11.0 TROPHIES - All boats finishing the race will receive a trophy.

12.0 POST-RACE - Results will be announced AND TROPHIES AWARDED after the race at the covered picnic tables at Fleming Island Marina. The results will later be posted on the NFCC website www.nfccsail.com and the FCSA website www.sailjax.com. Race results will also be announced at the NFCC General Meeting, Thursday, November 15th, at Lillians Sports Bar and Grill, Roosevelt Blvd.

FURTHER INFO: Ken Christensen, NFCC Race Captain

904-845-2249, cell 904-673-7791, ssliimm@windstream.net

Fleming Island Marina has graciously donated the use of their facility for this race. You are welcome to tie up on the outside floating dock in preparation for and following the race. (This does not include the use of water or electric hook-ups). Contact: Jeff Knoll at the Fleming office (904) 264-9100.