



THE HANGOVER RACE
January 1, 2010
The Rudder Club of Jacksonville
8533 Malaga Avenue
Orange Park, FL 32073

Sailing Instructions

1. RULES

- 1.1 The race will be governed by The Racing Rules of Sailing (RRS), the prescriptions of US SAILING and for boats racing in PHRF classes, the PHRF Rules of the First Coast Sailing Association.
- 1.2 Racing Rule 41 is changed such that a boat accepting assistance under Fundamental Rule 1.1 is exempt from the provisions of RRS 41 - Outside Help. Capsized sailboats are encouraged to accept assistance as necessary.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board on the north exterior wall of the Rudder Club.

3. CHANGES IN THE SAILING INSTRUCTIONS

Any change in the Sailing Instructions will be posted before 0900 on January 1st.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flag pole located on the north side of the Rudder Club.
- 4.2 Code Flag "AP", Answering Pennant, displayed ashore with two sound signals (one when lowered) means "The race is postponed: do not leave the dock." The warning signal will be made not less than 45 minutes after AP is lowered.

5. SCHEDULE OF RACE

- 5.1 Schedule 1 January 2010
Registration: 11:00am - 11:30am
Sailors meeting: 12:00 pm
Warning signal for first class: 12:50 pm
- 5.2 Classes will be determined after registration. Three or more boats are required to constitute a class. It is anticipated that the following classes will be designated: Flying Scot; Portsmouth Mono-hull; Portsmouth Multi-hull; PHRF Spinnaker; and Non-spinnaker/Cruiser.

Additional classes with three or more boats will be accommodated.

- 5.3 There will be one race.

6. CLASS FLAGS

Class flags will be the International Numeral Pennants as depicted under Race Signals in the RRS.

Class		
PHRF Spinnaker	P1	
Multihull Open	P2	
Flying Scot	P3	
Monohull Open	P4	
Non-Spin/Cruiser	P5	
Spare (as assigned)	P6	
Spare (as assigned)	P8	
Spare (as assigned)	P9	

7. RACING AREA

The racing area will be in the St. Johns River between the Buckman Bridge to the south and the Fuller Warren Bridge to the north as depicted on NOAA Chart 11492.

8. THE COURSE

The course will be a windward leeward as depicted in attachment A. The final leg will be from mark "1" directly to the finish in the vicinity of the pier.

9. MARKS

- 9.1 Marks "1" and "2" will be orange cylinders.
- 9.2 Mark "1" may be gate. If set, boats will pass through the gate and may then round either the port or starboard mark. If a single mark only it shall be left to port.
- 9.3 The finish mark will be a small orange sphere. The start mark will be Mark "2" of the race course.

10 START

- 10.1 The starting line will be between an orange flag flown on the Race Committee Boat and a mark set toward the left side of the course from the RC boat.
- 10.2 Boats whose warning signal has not been made shall avoid the starting area.

11 CHANGE OF COURSE AFTER THE START

- 11.1 To change the next leg of the course, the race committee will move the original mark to a new position.
- 11.2 A change of course will be signaled near the mark beginning the leg being changed by a race committee boat that will display code flag "CHARLIE" and sound a horn periodically.

12 THE FINISH

The finish line will be between an orange flag on the northeast corner of the Rudder Club Pier or the committee boat and an orange mark set off the pier. If the orange flag is flown from the committee boat the boat will be anchored in the vicinity of the pier.

13 TIME LIMIT

The time limit shall be 3 hours for each class. Yachts failing to finish within 45 minutes corrected time after the first yacht of their class finishes will be scored "Did not Finish." This changes rule A4.2

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Protests and requests for redress shall be written on forms available at the Rudder Club. They shall be filed with the Race Chairman.
- 14.2 The protest time limit is 90 minutes after the last boat has finished.
- 14.3 Protest notices will be posted on the Official Bulletin Board within 30 minutes following the protest time limit.

15 SAFETY

- 15.1 All competitors are required to conform to the U.S. Coast Guard regulations and the RRS concerning personal floatation devices and other required equipment. All yachts are reminded that under fundamental rule 4 "The responsibility for a boat's decision to participate in a race or to continue racing is her's alone.

- 15.2 Boats shall not impede the passage of a vessel which can safely navigate only within a narrow channel. Boats interfering with other vessels may be subject to protest by the Race Committee or contestants and possible disqualification.
- 15.3 In accordance with Rule 42.3(h), providing no significant advantage is gained, a boat may employ propulsion using an engine or other method to remain clear of a non-racing vessel when required by Inland Rules.

16 PRIZES

Results will be announced the Rudder Club following the race. Available trophies will be prorated among participating classes based on the number of participating boats.

Attachment A

