



# Hands on the Helm Regatta



**Saturday October 6, 2007**

## NOTICE OF RACE

### 1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*. (RRS) 2005-2008. The prescriptions of US SAILING and by the Sailing Instructions.
- 1.2 Race management is North Florida Cruising Club.

### 2. ELIGIBILITY AND ENTRY

- 2.1 Spinnaker, Non-Spinnaker Classes opened to all female crews. Cruiser Class for mixed crews (50% males max, with a female on the helm from start of sequence to completion of the race).
- 2.2 All boats must have a valid FCSA 2007 PHRF rating or a rating for the Women's Series Races.
- 2.3 Eligible boats may enter by completing the FCSA Standard Entry Form copy found on [www.sailjax.com](http://www.sailjax.com); register on race day. Advance registration forms must be post marked by Oct. 2nd and mailed to:

Holland Marine Attention Race Committee  
 1011 Bulkhead Rd.  
 Green Cove Springs, FL 32043

### 3. SCHEDULE

- 3.1 The 2007 Hands on the Helm Regatta will be held out of the Rudder Club.

Friday	Oct. 5 <sup>th</sup>	7-10 pm	Registration and Party
Saturday	Oct. 6 <sup>th</sup>	9:30 am	Bruch
Saturday	Oct. 6 <sup>th</sup>	9:30-10:30 am	Registration
Saturday	Oct. 6 <sup>th</sup>	11:00am	Skippers Meeting
Saturday	Oct. 6 <sup>th</sup>	12:00 noon	Warning signal for all classes
Saturday	Oct. 6 <sup>th</sup>	ASAP	Awards presentation and Social

### 4. FEES

- 4.1 Entry Fee \$35; \$40 on Saturday October 6<sup>th</sup>. Make checks payable to North Florida Cruising Club.

### 5. SAILING INSTRUCTIONS

- 5.1 The sailing instructions are attached.

### 6. VENUE

- 6.1 The racing area will be in the St. Johns River as depicted on NOAA Chart 11492.

### 7. THE COURSES

- 7.1 The race course will be displayed at the skippers meeting and on a white board port side of RC boat.

### 8. PENALTY SYSTEM

- 8.1 Decisions of the protest committee will be final as provided in rule 70.4.

### 9. SCORING

- 9.1 The Low-point Scoring System, Appendix A, Rule A4.1 of the racing rules, will apply for this regatta.
- 9.2 Results will be presented at the R C after the race and posted in the Windscoop and on [www.sailjax.com](http://www.sailjax.com).

### 10. PRIZES

- 10.1 First, second and third place prizes (*Battle Flags*) will be awarded in all classes.

### 11. INFORMATION

- 11.1 Point of contact: Race Captain Tom Holland (904) 284-3349.

# HOH REGATTA SAILING INSTRUCTIONS

## 1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)* 2005-2008; the prescriptions of US Sailing; and the PHRF rules of the First Coast Sailing Association.

## 2 NOTICES TO COMPETITORS

- 2.1 Will be announced at the skippers meeting.

## 3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Will be announced at the skippers meeting.

## 4 SCHEDULE OF RACES

- 4.1 Competitors for the HOH Regatta will gather at the Rudder Club in Accordance with the Notice of Race.

## 5 CLASS FLAGS

- 5.1 Will be announced at the skippers meeting.

## 6 THE COURSES

- 6.1 The race course will be displayed at the skippers meeting and on a white board port side of RC boat.

## 7 MARKS

- 7.1 Government marks between the Fuller Warren and Buckman Bridges maybe used and set marks “W” (windward), “L” (leeward).

## 8 THE START

- 8.1 The start line will be between an orange flag on the race committee boat at the starboard end of the line and a mark set at the port end.

## 9 THE FINISH

- 9.1 The finish line will be between an orange flag on the race committee boat at the starboard end of the line and a mark set at the port end.

## 10 TIME LIMITS

- 10.1 All Classes... No time limit.

## 11 PROTESTS AND REQUESTS FOR REDRESS

- 11.1 Protests shall be written on forms available from the race committee and delivered presented within 45 minutes after the race committee boat has docked. Protests will be heard in the approximate order of receipt, as soon as possible.

- 11.2 Protests notices will be posted on the Official Notice Board within 30 minutes following the protest time limit.

## 12 SAFETY REGULATIONS

- 12.1 Check in by sailing past the race committee boat at the start line before the start sequence begins.

- 12.2 A boat that retires from the race shall notify the race committee as soon as possible by sailing by or hailing “Race Committee” on VHF Channel 68.

- 12.3 All skippers shall hold a safety brief with their crew before leaving the dock. Brief crew over board procedures, designate a PFD for each crew member, all crew must be on the look out for other boats and obstacles, report sightings to the skipper.

## 13 OFFICIAL BOATS

- 13.1 Official boats will be marked as follows: race committee boat RC flag.

## 14 DISCLAIMER OF LIABILITY

- 14.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.