



# Notice of Race (rev 1 - Jan 13, 2007)

## 3rd Annual FIRST COAST OFFSHORE CHALLENGE "Race into History" April 25<sup>th</sup> thru 28<sup>th</sup>, 2007 [www.FirstCoastOffshoreChallenge.com](http://www.FirstCoastOffshoreChallenge.com)



The First Coast Offshore Challenge (FCOC) is a series of 3 races representing over 100 miles of offshore sailing with ports of call in 3 historic cities of Southeast Georgia and Northeast Florida. The race series starts in the morning of April 25<sup>th</sup>, 2007 in the vicinity of the St. Johns River entrance and finishes in the afternoon of April 28<sup>th</sup> back in the vicinity of the St. Johns River entrance. The regatta is a charity event with all proceeds benefiting Safe Harbor Boys Home in Jacksonville, Florida [www.boyshome.com](http://www.boyshome.com)

**1 RULES** The First Coast Offshore Challenge Series (the "Series") shall be governed by the Racing Rules of Sailing (RRS) 2005-2008; the 2006-7 ISAF Special Regulations Governing Offshore and Oceanic Equipment and Preparation including US SAILING Prescriptions for the Category 4, except as modified by Section 5 of this Notice Of Race; the PHRF rules of the First Coast Sailing Association ([www.sailjax.com](http://www.sailjax.com)); class rules for any One Design class established; the Notice of Race (except as modified by the Sailing Instructions); and the Sailing Instructions. The North Florida Cruising Club (NFCC) is the Organizing Authority for this Series.

Extracts from ISAF Rules for Category 4 may be viewed at [www.ussailing.org/safety/ISAF/cat4\\_0607mono.htm](http://www.ussailing.org/safety/ISAF/cat4_0607mono.htm).

**2 CLASS MEMBERSHIP** The rules of all classes are altered so that membership in the class is not required.

**3 ADVERTISING** The Regatta is designated Category C under ISAF Regulation 20.

**4 FEES** The FCOC Event Fee of \$250 (\$301 after April 06) will cover entry and participation in all 3 races; meals, beverages, and entertainment for 3 persons after each race at the respective awards ceremonies; and free docking at Safe Harbor Boys Home marina for up to one week before and after the event. After April 20, entries are subject to rejection at the discretion of the Organizing Authority. Withdrawals after April 20 will forfeit \$50 of their entry fee.

### **5 ELIGIBILITY AND ENTRY**

- 5.1** The Series is open to all seaworthy cruising sailboats (ISAF Cat 4) that are not less than 24 feet in length. Smaller boats not less than 20 feet may be eligible on an individual basis at the discretion of the Race Committee.
- 5.2** The designated skipper shall be 18 years of age or older.
- 5.3** The minimum crew size shall be 2 (including skipper) for all races except for the overnight race from St. Augustine to St. Marys which requires a minimum crew size of 3.
- 5.4.** All one design classes shall comply with the maximum crew numbers in their class rules.
- 5.5** There will be no restriction on crew changes between races. Children aged 14 and under will not count as crew.
- 5.6** Yachts shall have their sail numbers on the mainsail, spinnakers, and each headsail having an LP measurement equal to or greater than 130% of the base of the fore-triangle.
- 5.7** All yachts shall have a cabin enclosure, a cockpit, and shall conform to the 2006-7 ISAF Special Regulations Governing Offshore and Oceanic Equipment and Preparation including US SAILING Prescriptions for Category 4 with the following exceptions:
  - a** Paragraph 3.14.6a Lifeline Specifications is changed from "shall" to "should".
  - b** Paragraph 3.27.2 Location of Navigation Lights is changed from "shall" to "should".
  - c** Paragraph 4.10 Radar Reflector is changed from "shall" to "should".
  - d** Paragraph 4.11 Navigation Equipment is modified as follows: "Participating yachts must carry appropriate charts and light lists for the race area and specifically NOAA Charts 11480 or 11488, 11490-B (St. Johns River Entrance), 11503 (Cumberland Island to Fernandina Harbor).
  - e** Paragraph 4.12 A durable stowage chart is changed from "shall" to "should".
  - f** Paragraph 4.23 The requirement for SOLAS Pyrotechnic signals is waived; participating yachts shall conform to US Federal Regulations for carriage of visual distress signals.
- 5.8** All yachts shall conform to the following: Radio – Participating Yachts shall be provisioned with a 25 watt VHF transmitter / receiver with a manufacturer's recommended antenna. The VHF transmitter / receiver must be capable of tuning to Channels 9, 13, 16, 22A, 68, 69, 71, and 72. In addition, it is recommended that the radio have DSC capability and a masthead antenna.

**6 SELF-STEERING** Races may be sailed with the assistance of self-steering gear, electric or wind (modifies RRS 52).

**7 ENTRY FORMS AND OTHER DOCUMENTATION** Prior to racing, each yacht shall be registered and shall submit the proper Fee; a Crew Declaration form including a landside emergency contact; and a copy of a current PHRF rating certificate (if not issued by FCSA) for review and possible adjustment to conform to First Coast Sailing Association ratings. Forms may be updated at the April 24<sup>th</sup> Skippers' meeting. Obtain forms from: [www.FirstCoastOffshoreChallenge.com](http://www.FirstCoastOffshoreChallenge.com) or link from [www.sailjax.com](http://www.sailjax.com)

**8 CLASSES AND DIVISIONS** Classes will be established for PHRF Spinnaker, PHRF Non-spinnaker, PHRF Cruising, Multihull, and One Design yachts. Cruising Class yachts may fly a spinnaker if declared prior to the skippers' meeting, but with a -12 sec/nm rating adjustment applied for all three races.

**9 PRIZES** Trophies for individual races will be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place finishers in each class or division of class. Series Trophies will be awarded for 1<sup>st</sup> thru 3<sup>rd</sup> place and up to 5<sup>th</sup> place depending on the class size.

**10 SAILING INSTRUCTIONS** Sailing Instructions will be available on the Race Web Site, at the Series skippers meeting, and sent to registrants via e-mail about a 2 weeks before the race along with a list of entrants and handicap details. RC Questions: 904-237-7785



# SAILING INSTRUCTIONS

## FIRST COAST OFFSHORE CHALLENGE

April 25<sup>th</sup> thru 28<sup>th</sup>, 2007

“Race into History”



### **1 RULES**

**1.1** The First Coast Offshore Challenge Series (the “Series”) shall be governed by the Racing Rules of Sailing (RRS) 2005-2008; the 2006-7 ISAF Special Regulations Governing Offshore and Oceanic Equipment and Preparation including US SAILING Prescriptions for the Category 4, except as modified by Section 5 of the Notice Of Race; the PHRF rules of the First Coast Sailing Association ([www.sailjax.com](http://www.sailjax.com)); class rules for any One Design class established; the Notice of Race (except as modified by these Sailing Instructions); and these Sailing Instructions. The North Florida Cruising Club (NFCC) is the Organizing Authority for this Series.

For extracts from ISAF Rules for Category 4, see: [www.ussailing.org/safety/ISAF/cat4\\_0607mono.htm](http://www.ussailing.org/safety/ISAF/cat4_0607mono.htm).

### **1.2 ALTERATIONS TO THE RULES**

The following sections of these Sailing Instructions alter provisions of the RRS:

- 1.2.1** Sailing during the hours of darkness – Sailing Instructions 1.3
- 1.2.2** Use of Engine – Sailing Instructions 1.5
- 1.2.3** Recalls on VHF – Sailing Instructions 1.6.1 and 2.3
- 1.2.4** Failure to start within time limit – Sailing Instructions 9.3.4
- 1.2.5** Time limit – Sailing Instructions 11
- 1.2.6** Rules governing the flying of a protest flag – Sailing Instructions 13.1 and 13.2
- 1.2.7** Establishment of arbitration procedures – Sailing Instructions 13.5
- 1.2.8** Steering Assistance – Notice of Race 6

**1.3 SAILING DURING THE HOURS OF DARKNESS** - Between sunset and sunrise, the Rules contained in RRS Part 2 will cease to govern the race which will be continued under the corresponding parts of the International Regulations for Preventing Collisions at Sea. An infringement of the IRPCS during that time will be considered as an infringement of RRS Part 2.

**1.4 TIME** - All published times used in association with the race will be Eastern Daylight Saving Time (UTC minus 4 hours) in 24-hour format. The Race Committee will synchronize its time pieces with the US Naval Observatory Master Clock telephone voice announcer: 202-762-1401 or 202-762-1069.

### **1.5 USE OF ENGINE**

**1.5.1** Altering RRS Rule 42.1 and 42.3(g) - In an emergency, an engine may be used when appropriate to avoid collision or in grave emergency. Full details shall be given to the Protest Committee who, after a hearing, may impose a penalty or, when it judges significant advantage was gained, disqualify the yacht.

**1.5.2** An engine may be used to supply power for charging batteries, pumping, weighing anchor, or other necessary purposes, provided mechanical propulsion is not engaged.

**1.5.3** If the Race Committee observes a yacht obstructing the passage of a power driven commercial vessel in a narrow channel, it may proceed against the yacht under RRS Rule 60.2.

### **1.6 RECALLS**

**1.6.1** The Race Committee will attempt (but is not obligated) to announce sail numbers of premature starters on VHF Channel 72.

**1.6.2** Altering RRS Rule 29.2, in the event of a general recall the First Substitute will be lowered about one minute before the warning signal for the next scheduled class. No sound signal will be made. The new warning signal for the class which has had a general recall will be five minutes before its starting signal and 10 minutes after the start of the last class (as described in 9.3 of these instructions). If more than one class is subject to a general recall, the second of these classes will start after the first and so on. *“If your class is recalled, go to the end of the line for a new start.”*

## **2 NOTICES TO COMPETITORS**

- 2.1** Notices to competitors will be posted on the First Coast Sailing Association website: [www.sailjax.com](http://www.sailjax.com). Duplicate notices will be posted on the bulletin board at Safe Harbor Boys Home, the St. Augustine Yacht Club, and on the exterior of Race Committee headquarters (which may be a boat) in St. Marys. Whenever possible, the times and venues of protest hearings and other general information will be given on VHF Channel 72.
- 2.2** Changes to the sailing instructions will be posted at least 4 hours before the scheduled start of each race.
- 2.3** All VHF announcements are only an aid to competitors and are supplementary to any flag signals or official notices. Failure to make any announcement via VHF will not be a grounds for redress.

**3 SIGNALS MADE ASHORE** - No signals will be made ashore.

**4 RACING AREA** - The racing area will be in the Atlantic Ocean as depicted on NOAA Chart 11480.

## **5 SCHEDULE OF THE SERIES**

<b>5.1</b>	<b><u>Race</u></b>	<b><u>Date</u></b>	<b><u>Time of First Warning Signal</u></b>
	1. Mayport to St. Augustine Race	25 April 2005	0855
	2. St. Augustine to St. Marys	26 April 2005	(See 5.2)
	3. St. Marys to Mayport – “Tommy Hall Memorial”	28 April 2005	0925

**5.2** For Race 2, each yacht will be assigned a start time based on its handicap. (The last start for the fastest rated yacht will be at 2000 hrs.)

**6 COURSES** - All coordinates, courses, and distances are approximate and are not for navigational use.

### **6.1 Mayport to St. Augustine Race**

Start: Vicinity St. Johns River Entrance Buoy ‘G3’ @ N 30° 23.72’ – W 81° 21.64’

Head: 169° True for a distance of about 28.9 nm

Finish: St. Augustine Entrance Buoy ‘STA’ @ N 29° 54.97’ – W 81° 15.26’ (*RC boat on port, STA to starboard*)

### **6.2 St. Augustine to St. Marys Race**

Start: St. Augustine Entrance Buoy ‘STA’ @ N 29° 54.97’ – W 81° 15.26’ (*RC boat on starboard, STA to port*)

Head: 001° True for a distance of about 47.9 nm

Turn: St. Marys River Entrance Buoy ‘STM’ @ N 30° 42.9’ – W 81° 14.65’ (*leave to port*)

Head: 279° True for a distance of about 4.4 nm (*leave both range towers to port*)

Finish: Northwestern Range Tower @ N 30° 43.55’ – W 81° 19.68’ (*RC boat on starboard, tower to port*)

*Note: Many charts still show the St. Marys entrance channel buoy path as dog-legged. Several years ago, STM was moved, the channel was shortened and straightened, and the buoys re-numbered. The new number sequence pairs are G1-R2, G3-R4, R6-G7, R8-G9, R10-G11, R12-G13, R14-G15, R16-G17, Jetties. The number 5 was omitted in the sequence. The two range towers remain in their same locations.*



### **6.3 St. Marys to Mayport Race – “Tommy Hall Memorial Race”**

Start: Vicinity St. Marys River Entrance Buoy ‘G13’ @ N 30° 42.62’ – W 81° 22.39’

Head: 178° True for a distance of about 18.3 nm

Finish: St. Johns River Entrance Buoy ‘R4’ @ N 30° 23.89’ – W 81° 21.75’ (*RC boat on port, R4 to starboard*).

**7 MARKS** - Start and Finish marks will be an inflated yellow buoy marking the pin end of the line or a US Government Aid to Navigation Marker/Structure.

<b>8</b>	<b><u>CLASS FLAGS</u></b>	<b><u>Class</u></b>	<b><u>Code Flag</u></b>	<b><u>Example</u></b>
		<u>Cruising</u>	Pink	
		<u>Performance and One-Design</u>	Gold	

## **9 THE START**

- 9.1** The starting line will be between an orange flag displayed on the RC boat and a pin end yellow buoy. The Race Committee may optionally use an existing government aid to navigation marker as the pin end.
- 9.2** Once the RC boat is on station at the start (indicated by display of the orange start line flag), yachts shall check in with the Race Committee prior to the warning signal of the first class in Races 1 and 3, and within 20 minutes of their individual start time for Race 2, by sailing past the stern of the Race Committee boat and hailing her sail number. Alternatively, yachts may hail the Race Committee boat on VHF channel 72. Yachts failing to check in will be scored DNC.

### **9.3 Races 1 and 3**

**9.3.1** Races will be started using RRS Rule 26: warning signal given 5 minutes before the starting signal.

5 minutes before start: Raise Class flag, sound short horn

4 minutes before start: Raise Preparatory flag 'P', sound short horn

1 minutes before start: Lower Preparatory flag 'P', sound long horn

0 minutes before start: Lower Class flag, sound short horn



**9.3.2** The warning signal for succeeding starts will be made 10 minutes after the start of the preceding class.

**9.3.3** Yachts whose warning signal has not been made shall avoid interfering with yachts whose preparatory signal has been made.

**9.3.4** Yachts that have not properly started within 30 minutes of the final class start will be scored DNS. The race committee may extend this time limit up to 1 hour if wind and sea conditions warrant.

**9.3.5** All mechanical propulsion systems must be disengaged prior to the Preparatory flag (RRS Definitions).

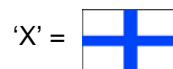
### **9.4 Race 2**

**9.4.1** Each yacht will be assigned a start time based on her handicap. (The last start for the lowest handicapped yacht will be at 2000 hrs.) A list of individual start times will be published at the April 24<sup>th</sup> Skippers' Meeting.

**9.4.2** Yachts shall avoid the starting area prior to 20 minutes before their assigned start time.

**9.4.3** No horns will be sounded, and no timed warning or start signal flags will be displayed from the RC boat.

**9.4.4** The 'Round-an-End Rule' (RRS 30.1) will be in effect. The Race Committee will display the "X" flag with one sound for yachts that are over early; the "X" flag will be displayed for a maximum of 5 minutes, or until the yacht shall have rounded and end of the start line and started properly.



## **10 THE FINISH**

**10.1** When the RC Boat is on station for taking finish times it will display a solid blue flag indicating such. The finish line will connect between a solid orange flag displayed on the RC boat and the designated finish mark.

**10.2** When finishing during conditions of low visibility, a yacht shall make every attempt to identify herself to the RC boat by shining a light on her sail numbers, or by hailing the RC boat on VHF channel 72, or by other means.

**10.3** If the RC boat is not on station at the finish, a yacht shall record her own finish time (to the second) when (1) she is within 999 feet of the finish mark, and (2) that mark bears 270° Magnetic for races 1 and 3, and 180° Magnetic for race 2. Both conditions shall be met to have a valid finish. Record the finish time using a time piece that is synchronized with USNO time (refer to 1.4). As a courtesy, the finishing yacht should simultaneously sound a horn to indicate she has finished racing. When possible, note the sail numbers and times of yachts finishing ahead and behind (hence the courtesy horn).

As soon as practical after finishing, a yacht's timekeeper shall report the finish time to the Race Committee via VHF channel 72. Be prepared to count down your clock timing for time correlation with the official Race Committee clock. If unable to communicate with the Race Committee by radio for this purpose, a yacht's timekeeper may telephone the Race Committee at 904-237-7785. In no case shall a yacht fail to report her time directly to the Race Committee any later than 1/2 hour following a horn signal made upon arrival of the RC boat at the dock. The Race Committee will be available at each after-race event area for this very purpose.

- 11** **TIME LIMITS** - Modifying RRS 35, there will be a fixed time limit for each race. For slower yachts, keep in mind that the after-race events will go on as scheduled, and the RC finish boat will go off station in time to attend them. Yachts finishing after the time limits established here will be scored DNF.

<b><u>Race</u></b>	<b><u>Cut Off Time</u></b>
1. Mayport to St. Augustine	2400 Same Day
2. St. Augustine to St. Marys	2000 Next Day
3. St. Marys to Mayport - "Tommy Hall Memorial"	1900 Same Day

**12** **PENALTY SYSTEM**

- 12.1** The Two-Turns penalty in accordance with RRS Rule 44 will apply for breaking a rule of Part 2.
- 12.2** A yacht that has taken a penalty under RRS Rule 31.2 or 44.2 shall report such to the Race Committee immediately after finishing by hailing the RC boat or when otherwise reporting her finish.

**13** **PROTESTS AND REQUESTS FOR REDRESS**

- 13.1** Modifying RRS Rule 61.1, all participating yachts shall display a red protest flag when protesting another yacht.
- 13.2** A protest flag need not be displayed continuously until the finish, provided it is initially displayed for at least 1/2 hour, and that it is displayed again from at least 1 mile from the finish until finished (amends RRS Rule 61.1).
- 13.3** A Yacht intending to file a protest shall notify the Race Committee of their intent immediately after finishing by hailing the Race Committee boat or when otherwise reporting her finish.
- 13.4** Protests shall be filed on an official US SAILING protest form with the Race Committee after the race no later than 1/2 hour following a horn signal made upon arrival of the Race Committee boat at the dock. Yachts protesting and protested will be informed of the time and place of the protest hearing.
- 13.5** ARBITRATION - For protests involving an alleged breach of the rules of Part 2 of the RRS, an optional short arbitration hearing may be held prior to proceeding with an official protest hearing (modifies RRS Part 5, B).

- 14** **RADIO COMMUNICATION** - The Race Committee at the starts will monitor VHF Channel 72 from one hour prior to the first start, and until one half hour after the last start. All competitors should then monitor Channel 16 for the duration of the race. The Race Committee will monitor VHF Channel 72 when on station at the finishes. The Race Committee may as the circumstances dictate, communicate with a yacht while racing.

**15** **SERIES SCORING**

- 15.1** Race and Series scoring will be in accordance with RRS Appendix A, Low Point System.
- 15.2** Two scored races are required to constitute the Series.
- 15.3** Modifying RRS Appendix A2, there will be no excluded scores.

**16** **RACE RESULTS**

- 16.1** Results for each race will be announced at its respective after-event party. Results will also be e-mailed to the addresses given on the registration documents. Any request for clarification of the results shall be raised as soon as possible, and in any case, within 10 days of publication on: [www.sailjax.com](http://www.sailjax.com) or [www.FirstCoastOffshoreChallenge.com](http://www.FirstCoastOffshoreChallenge.com)

## **17 SAFETY RECOMMENDATIONS**

- 17.1** It is recommended that each yacht be adequately prepared for medical emergencies and contingencies, with appropriate crew training and medical kit.
- 17.2** Safety equipment should be carefully inspected for wear and deterioration. Manufacturer recommended shelf life on items like inflatable PFDs and MOMs should be observed. Items susceptible to UV, weather, and chafe damage, especially safety harnesses, safety lines, and jackstays should receive frequent checks when underway.
- 17.3** Crew members on deck after sunset should be encouraged to wear a safety harness and life jacket or inflatable PFD equipped with a white strobe light, and personal EPIRB.
- 17.4** Bulky PFDs should be avoided in favor of inflatables or other vests that meet Coast Guard Requirements.
- 17.5** Yachts should carry adequate rig cutters and/or hacksaw with extra blades, as well as punches capable of driving out all standing rigging clevis pins. A hydraulic cutter is recommended for yachts with rod rigging.
- 17.6** Skippers should conduct a pre-race safety briefing for all crew members to consider possible contingencies and methods to avoid, minimize, or cope with them. During this briefing the Skipper should:
- Summarize the procedures for MOB, abandon ship, dismasting, loss of rudder or steering, and the use of storm sails
  - Review the yacht's stowage plan showing and touching all safety equipment
  - Review boom preventer procedures
  - Review medical status of crew members taking medications, including seasickness remedies
  - Review use and care of cooking stove, and other fire and explosion hazards
  - Review flooding control procedures, including high capacity bilge pumps and collision mats
  - Review use of safety harnesses, personal flotation devices, and safety lines
  - Review man aloft procedures

## **18 RESPONSIBILITY AND LIABILITY**

- 18.1** **The safety of a yacht or sailing vessel and her crew, the decision as to whether or not to start, and having started, whether or not to continue is the sole and exclusive responsibility of each yacht's designated skipper.** *For the purpose of subsequent articles, the term "yacht" shall mean the designated skipper as representative of the owner and in the absence of the designated skipper, members of the remaining crew.*
- 18.2** A yacht is entirely responsible for her own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else, reduces this responsibility.
- 18.3** It is for the yacht to decide whether she is fit to sail in the conditions in which she will find herself. By going to sea the yacht confirms that she is fit for those conditions and her crew is competent to sail and compete in them.
- 18.4** The yacht is required to hold adequate insurance and in particular to hold insurance against third party claims.
- 18.5** Nothing done by the organizers can reduce the responsibility of the yacht.
- 18.6** The provision of patrol boats does not relieve the yacht of her responsibilities.
- 18.7** The yacht is responsible for ensuring that she is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience, and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed, and in date and that crew members know how to use it.
- 18.8** The yacht is responsible for adhering to all local, state, federal, and international laws and regulations governing the operation in the body of waters where the race and race events shall be held. This includes conformance to the United States Coast Guard (USCG) Safety Regulations.
- 18.9** The fact that the Race Committee conducts inspections of a yacht does not reduce the responsibilities of the yacht set out in this section.



# OFFICIAL ENTRY FORM

## 3rd Annual FIRST COAST OFFSHORE CHALLENGE "Race into History"

April 25<sup>th</sup> thru April 28<sup>th</sup>, 2007

[www.FirstCoastOffshoreChallenge.com](http://www.FirstCoastOffshoreChallenge.com)

Send to: FCOC Race Committee  
North Florida Cruising Club  
PO Box 24268  
Jacksonville, FL 32241-4268

<b>COMMITTEE USE ONLY</b>	
Class	_____
Crew	<input type="checkbox"/> - R <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
M	_____
Disc	Y N Fee _____

Yacht Name \_\_\_\_\_ Color Hull/Trim \_\_\_\_\_ / \_\_\_\_\_ Sail # \_\_\_\_\_

Make \_\_\_\_\_ Year \_\_\_\_\_ Draft \_\_\_\_\_ Draft \_\_\_\_\_ LOA \_\_\_\_\_ ft  
Board Up Board Down

Class Entered:  - PHRF Spinnaker  - PHRF Non-Spinnaker  - PHRF Cruiser (Spin? Y N)  
 - Multihull Spinnaker  - Multihull Non-Spinnaker  - One Design Class \_\_\_\_\_

Rating: PHRF \_\_\_\_\_ or Portsmouth Multihull \_\_\_\_\_ US Sailing Membership # \_\_\_\_\_  
*A copy of a valid current rating certificate must accompany this Entry Form, unless currently certified by the First Coast Sailing Association.*

Entrant's Name \_\_\_\_\_ Club Affiliation \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Country \_\_\_\_\_

Day Phone \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-Mail \_\_\_\_\_ Fax \_\_\_\_\_

**IN CONSIDERATION** of your accepting my entry, I warrant that my yacht will be outfitted and equipped in accordance with the Racing Rules of Sailing, the Notice of Race, and the Sailing Instructions, that she will have all required equipment aboard, that she is seaworthy in hull, rig, sails, gear, and that she will be competently manned. By entering and starting this race, as the Skipper of the entry, I agree to comply with all conditions of the race and decisions of the Race Committee. As Skipper, I acknowledge that there are inherent known risks as well as unknown risks associated with participating in this race and I acknowledge and agree that the decision to start or to continue a race is solely my responsibility. I hereby give permission for my image, voice, boat, and/or crew to be photographed or otherwise recorded and used in promotion of this event or other related events.

DATE \_\_\_\_\_  - Owner  - Charterer SIGNATURE \_\_\_\_\_

**This entry must be completed and received by the FCOC Race Committee by April 20, 2007 and must include a copy of a current valid rating certificate (unless currently certified by FCSA). No Entries will be accepted after April 20, 2007.**

**FULL SERIES ENTRY FEE** includes entrance for named yacht in all 3 races, one Regatta T-Shirt, and tickets for 3 crew to attend all 3 post-race events (9 meals).  
Entry Fee = \$301  
Before April 07 = \$250 \$ \_\_\_\_\_

**you may also Enter Races Individually** - check boxes . . . -Race 1 -Race 2 -Race 3  
Individual race fee includes tickets for 3 crew to attend post-race event, no T-shirt.  
Entry Fee = \$105 / Race  
\* Entry in 2 races required to be eligible for series trophy.  
Before April 07 = \$90 / Race \$ \_\_\_\_\_

**for Extra Meal Tickets Only**  
( )-Race 1 ( )-Race 2 ( )-Race 3  
Extra Meal Tickets = \$40 / all 3 races -or- \$15 / Race  
Before April 07 = \$35 / all 3 races -or- \$13 / Race \$ \_\_\_\_\_  
*-enter how many extra for each race-*

**Regatta T-Shirts** -enter how many in each size, including free one: S-( ) M-( ) L-( ) XL-( )  
One T-Shirt included with Full Series Entry Fee - Additional T-Shirts = \$20 ea \$ \_\_\_\_\_

Discount for US Sailing Membership: \$15 / series -or- \$5 / Race \$ - \_\_\_\_\_

( Include your check with Entry Form - Make checks payable to: **North Florida Cruising Club** ) **Total: \$** \_\_\_\_\_

**Questions?** Race Director - Adam Norwood (904) 237-7785 / Race Chairman - Guy Anderson (904) 396-6382



# Crew Declaration Form

3<sup>rd</sup> Annual

## FIRST COAST OFFSHORE CHALLENGE

“Race into History”

April 25<sup>th</sup> thru April 28<sup>th</sup>, 2007

[www.FirstCoastOffshoreChallenge.com](http://www.FirstCoastOffshoreChallenge.com)

Send to: FCOC Race Committee  
North Florida Cruising Club  
PO Box 24268  
Jacksonville, FL 32241-4268

*This form must be completed and submitted to Race Committee prior to racing.*

Yacht Name \_\_\_\_\_ Sail # \_\_\_\_\_ DSC Radio # \_\_\_\_\_  
( optional )

Skipper's Name \_\_\_\_\_ Age \_\_\_\_\_ (must be 18 or older)

Cell Phones Carried on Yacht \_\_\_\_\_  
( enter 10 digit #s )

Shore (Emergency) Contact Name \_\_\_\_\_ Phone 1 \_\_\_\_\_

Address \_\_\_\_\_ Phone 2 \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone 3 \_\_\_\_\_

<u>CREW MEMBER</u>	<u>AGE</u>	<u>Crew for Which Races?</u>		
		<u>Race 1</u>	<u>Race 2</u>	<u>Race 3</u>
NAME: _____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NAME: _____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NAME: _____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NAME: _____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NAME: _____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NAME: _____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NAME: _____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NAME: _____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

List any other information the Race Committee should know in case of emergency:



## Predicted Tides, Sun, Moon - 2007

### Blount Island Bridge      30, 24.8 - 81, 32.7      (Safe Harbor Boys Home Dock)

Date	DoW	EDT	Height		EDT	Height		EDT	Height		EDT	Height	
21-Apr	Sat	0:56	4.1	H	7:23	-0.1	L	13:23	3.2	H	19:23	-0.1	L
22-Apr	Sun	1:52	3.9	H	8:26	0.1	L	14:21	3.2	H	20:29	0.1	L
23-Apr	Mon	2:52	3.7	H	9:30	0.3	L	15:24	3.1	H	21:38	0.4	L
24-Apr	Tue	3:56	3.5	H	10:31	0.4	L	16:31	3.1	H	22:45	0.4	L
25-Apr	Wed	5:00	3.4	H	11:28	0.4	L	17:35	3.2	H	23:45	0.5	L
26-Apr	Thu	5:58	3.4	H	12:19	0.4	L	18:31	3.3	H			
27-Apr	Fri	0:42	0.4	L	6:49	3.3	H	13:05	0.3	L	19:20	3.5	H
28-Apr	Sat	1:34	0.4	L	7:34	3.3	H	13:48	0.2	L	20:03	3.5	H
29-Apr	Sun	2:21	0.3	L	8:14	3.3	H	14:27	0.1	L	20:42	3.7	H
30-Apr	Mon	3:05	0.1	L	8:53	3.2	H	15:02	0.1	L	21:18	3.7	H

### Mayport (Bar Pilot Dock)      30, 23.8 - 81, 25.8      (Published Reference Data)

Date	DoW	EDT	Height		EDT	Height		EDT	Height		EDT	Height	
21-Apr	Sat	0:14	5.3	H	6:18	-0.2	L	12:41	4.2	H	18:18	-0.1	L
22-Apr	Sun	1:10	5.0	H	7:21	0.1	L	13:39	4.1	H	19:24	0.2	L
23-Apr	Mon	2:10	4.8	H	8:25	0.4	L	14:42	4.0	H	20:33	0.5	L
24-Apr	Tue	3:14	4.6	H	9:26	0.5	L	15:49	4.0	H	21:40	0.6	L
25-Apr	Wed	4:18	4.4	H	10:23	0.5	L	16:53	4.1	H	22:40	0.7	L
26-Apr	Thu	5:16	4.4	H	11:14	0.5	L	17:49	4.3	H	23:37	0.6	L
27-Apr	Fri	6:07	4.3	H	12:00	0.4	L	18:38	4.5	H			
28-Apr	Sat	0:29	0.5	L	6:52	4.3	H	12:43	0.3	L	19:21	4.6	H
29-Apr	Sun	1:16	0.4	L	7:32	4.3	H	13:22	0.2	L	20:00	4.8	H
30-Apr	Mon	2:00	0.2	L	8:11	4.2	H	13:57	0.1	L	20:36	4.8	H

### St. Augustine City Dock      29, 53.5 - 81, 18.6      (St. Augustine Municipal Marina)

Date	DoW	EDT	Height		EDT	Height		EDT	Height		EDT	Height	
24-Apr	Tue	2:55	4.8	H	9:33	0.9	L	15:26	4.2	H	21:46	1.0	L
25-Apr	Wed	3:55	4.6	H	10:30	0.9	L	16:28	4.3	H	22:49	1.1	L
26-Apr	Thu	4:53	4.5	H	11:21	0.9	L	17:27	4.4	H	23:46	1.0	L
27-Apr	Fri	5:46	4.4	H	12:08	0.8	L	18:19	4.7	H			
28-Apr	Sat	0:39	0.9	L	6:33	4.4	H	12:52	0.6	L	19:04	4.8	H
29-Apr	Sun	1:28	0.8	L	7:17	4.5	H	13:32	0.5	L	19:46	5.0	H

### St. Marys (Town)      30, 43.2 - 81, 32.9      (Lang's Marina)

Date	DoW	EDT	Height		EDT	Height		EDT	Height		EDT	Height	
24-Apr	Tue	3:53	6.3	H	10:17	1.1	L	16:24	5.5	H	22:30	1.2	L
25-Apr	Wed	4:53	6.0	H	11:14	1.1	L	17:26	5.6	H	23:33	1.3	L
26-Apr	Thu	5:51	5.9	H	12:05	1.1	L	18:25	5.8	H			
27-Apr	Fri	0:30	1.2	L	6:44	5.8	H	12:52	0.9	L	19:17	6.1	H
28-Apr	Sat	1:23	1.1	L	7:31	5.8	H	13:36	0.7	L	20:02	6.3	H
29-Apr	Sun	2:12	0.9	L	8:15	5.9	H	14:16	0.6	L	20:44	6.6	H

### The Sun and the Moon      (Jacksonville)

Date	Sunrise, EDT	Sunset, EDT	Moonrise, EDT	Moonsset, EDT
21-Apr	06:53	19:58	11:04	
22-Apr	06:52	19:58	12:06	01:16
23-Apr	06:50	19:59	13:05	01:49
24-Apr	06:50	20:00	14:01	02:18
25-Apr	06:49	20:00	14:54	02:45
26-Apr	06:48	20:01	15:47	03:10
27-Apr	06:47	20:02	16:41	03:36
28-Apr	06:46	20:02	17:36	04:02
29-Apr	06:45	20:03	18:32	04:32
30-Apr	06:44	20:04	19:30	05:05

April 24th First Quarter, May 2nd Full

## St. Johns River Current Predictions

		1 - Jetties, Reference 30,24.02 - 81,23.15		2 - Mayport 30,23.60 - 81,26.00		3 - SE of Mile Point 30,22.90 - 81,26.70		4 - ICW Intersection 30,23.02 - 81,27.52		5 - St. Johns Bluff 30,23.40 - 81,29.50		6 - E of Blount Island 30,23.52 - 81,30.51		7 - Dames Point 30,23.08 - 81,33.28	
2006		slack	...max	slack	...max	slack	...max	slack	...max	slack	...max	slack	...max	slack	...max
	Flood	22:54	1:36	23:00	2:38	23:00	2:14	23:21	2:05	23:24	2:57	0:15	2:44	0:46	3:15
24-Apr	Ebb	4:56	8:55	5:11	8:51	5:44	9:39	5:04	9:53	4:38	9:57	5:45	10:49	6:24	11:09
Tuesday	Flood	11:52	14:19	11:58	15:21	11:58	14:57	12:19	14:48	12:22	15:40	13:13	15:27	13:44	15:58
	Ebb	17:20	21:15	17:35	21:11	18:08	21:59	17:28	22:13	17:02	22:17	18:09	23:09	18:48	23:29
	Flood	23:57	2:36	0:03	3:38	0:03	3:14	0:24	3:05	0:27	3:57	1:18	3:44	1:49	4:15
25-Apr	Ebb	5:54	9:50	6:09	9:46	6:42	10:34	6:02	10:48	5:36	10:52	6:43	11:44	7:22	12:04
Wednesday	Flood	12:45	15:34	12:51	16:36	12:51	16:12	13:12	16:03	13:15	16:55	14:06	16:42	14:37	17:13
	Ebb	18:27	22:15	18:42	22:11	19:15	22:59	18:35	23:13	18:09	23:17	19:16	0:09	19:55	0:29
26-Apr	Flood	0:58	3:44	1:04	4:46	1:04	4:22	1:25	4:13	1:28	5:05	2:19	4:52	2:50	5:23
Thursday	Ebb	6:50	10:36	7:05	10:32	7:38	11:20	6:58	11:34	6:32	11:38	7:39	12:30	8:18	12:50
	Flood	13:33	16:48	13:39	17:50	13:39	17:26	14:00	17:17	14:03	18:09	14:54	17:56	15:25	18:27
	Ebb	19:28	23:09	19:43	23:05	20:16	23:53	19:36	0:07	19:10	0:11	20:17	1:03	20:56	1:23
27-Apr	Flood	1:57	4:59	2:03	6:01	2:03	5:37	2:24	5:28	2:27	6:20	3:18	6:07	3:49	6:38
Friday	Ebb	7:41	11:18	7:56	11:14	8:29	12:02	7:49	12:16	7:23	12:20	8:30	13:12	9:09	13:32
	Flood	14:18	17:41	14:24	18:43	14:24	18:19	14:45	18:10	14:48	19:02	15:39	18:49	16:10	19:20
	Ebb	20:21	23:57	20:36	23:53	21:09	0:41	20:29	0:55	20:03	0:59	21:10	1:51	21:49	2:11
28-Apr	Flood	2:53	5:57	2:59	6:59	2:59	6:35	3:20	6:26	3:23	7:18	4:14	7:05	4:45	7:36
Saturday	Ebb	8:29	11:55	8:44	11:51	9:17	12:39	8:37	12:53	8:11	12:57	9:18	13:49	9:57	14:09
	Flood	15:01	18:18	15:07	19:20	15:07	18:56	15:28	18:47	15:31	19:39	16:22	19:26	16:53	19:57
	Ebb	21:06	0:41	21:21	0:37	21:54	1:25	21:14	1:39	20:48	1:43	21:55	2:35	22:34	2:55
29-Apr	Flood	3:43	6:40	3:49	7:42	3:49	7:18	4:10	7:09	4:13	8:01	5:04	7:48	5:35	8:19
Sunday	Ebb	9:13	12:29	9:28	12:25	10:01	13:13	9:21	13:27	8:55	13:31	10:02	14:23	10:41	14:43
		Slack before Flood		add 0:06		add 0:06		add 0:27		add 0:30		add 1:21		add 1:52	
		Max Flood		add 1:02		add 0:38		add 0:29		add 1:21		add 1:08		add 1:39	
		Slack before Ebb		add 0:15		add 0:48		add 0:08		sub 0:18		add 0:49		add 1:28	
	All Times Local	Max Ebb		sub 0:04		add 0:44		add 0:58		add 1:02		add 1:54		add 2:14	

## St. Marys River Current Predictions

		1 - Miami Harbor Reference		2 - Ft. Clinch, 0.6 nm NE of		3 - Ft. Clinch, 0.1 nm N of		4 - Ft. Clinch, 1.1 nm NW of		5 - Amelia River off Old Fernandina		6 - Amelia River off City Marina	
2006		slack	...max	slack	...max	slack	...max	slack	...max	slack	...max	slack	...max
25-Apr	Flood	11:18	15:03	10:38	14:42	10:38	14:48	10:45	14:40	10:00	14:51	10:53	14:30
Wednesday	Ebb	17:41	21:43	17:24	20:33	17:20	20:34	17:37	20:55	17:07	20:07	17:24	20:46
	Flood	23:43	3:31	23:03	3:10	23:03	3:16	23:10	3:08	22:25	3:19	23:18	2:58
26-Apr	Ebb	6:18	10:09	6:01	8:59	5:57	9:00	6:14	9:21	5:44	8:33	6:01	9:12
Thursday	Flood	12:15	15:59	11:35	15:38	11:35	15:44	11:42	15:36	10:57	15:47	11:50	15:26
	Ebb	18:52	22:34	18:35	21:24	18:31	21:25	18:48	21:46	18:18	20:58	18:35	21:37
27-Apr	Flood	0:41	4:23	0:01	4:02	0:01	4:08	0:08	4:00	23:23	4:11	0:16	3:50
Friday	Ebb	7:13	10:58	6:56	9:48	6:52	9:49	7:09	10:10	6:39	9:22	6:56	10:01
	Flood	13:09	16:51	12:29	16:30	12:29	16:36	12:36	16:28	11:51	16:39	12:44	16:18
	Ebb	19:49	23:27	19:32	22:17	19:28	22:18	19:45	22:39	19:15	21:51	19:32	22:30
	Flood	1:36	5:14	0:56	4:53	0:56	4:59	1:03	4:51	0:18	5:02	1:11	4:41
28-Apr	Ebb	7:57	11:47	7:40	10:37	7:36	10:38	7:53	10:59	7:23	10:11	7:40	10:50
Saturday	Flood	13:57	17:41	13:17	17:20	13:17	17:26	13:24	17:18	12:39	17:29	13:32	17:08
	Ebb	20:33	0:18	20:16	23:08	20:12	23:09	20:29	23:30	19:59	22:42	20:16	23:21
29-Apr	Flood	2:24	6:01	1:44	5:40	1:44	5:46	1:51	5:38	1:06	5:49	1:59	5:28
Sunday	Ebb	8:34	12:33	8:17	11:23	8:13	11:24	8:30	11:45	8:00	10:57	8:17	11:36
	0:00	Slack before Flood		sub 0:40		sub 0:40		sub 0:33		sub 1:18		sub 0:25	
		Max Flood		sub 0:21		sub 0:15		sub 0:23		sub 0:12		sub 0:33	
		Slack before Ebb		sub 0:17		sub 0:21		sub 0:04		sub 0:34		sub 0:17	
	All Times Local	Max Ebb		sub 1:10		sub 1:09		sub 0:48		sub 1:36		sub 0:57	