



NORTH FLORIDA CRUISING CLUB  
**WOMEN'S REGATTA**

*"Hands on the Helm for the Hubbard House"*

WOMEN'S SAILING SERIES (WSS) #3

Saturday, September 18, 2004

Held at the RUDDER CLUB

8533 Malaga Avenue, Orange Park, FL

## NOTICE OF RACE / SAILING INSTRUCTIONS

### 1.0 RULES

1.1 The regatta will be governed by the *Racing Rules of Sailing (RRS)*, the prescriptions of US SAILING, and the rules of PHRF and WSS, except as altered by the Sailing Instructions and the Notice of Race.

### 2.0 ELIGIBILITY

2.1 In the Cruiser Class, at least 50% of those on board each boat shall be female and the boat must be helmed by a female from the preparatory signal of her class until she finishes. No male shall touch the helm while racing. In Spinnaker and Non-Spinnaker classes all boats shall be 100% female crew.

2.2 All boats in the Spinnaker and Non-Spinnaker classes shall have a valid First Coast Sailing Association PHRF rating. Boats sailing in the Cruiser Class are encouraged to have a valid PHRF rating, but upon registration may obtain an uncontested temporary WSS rating for the Women's Sailing Series. Contact Don Gilbert, Race Captain, or Bubba Futch, Club Handicapper, for temporary ratings or rating issues.

2.3 All Spinnaker and Non-Spinnaker class boats shall have their sail numbers on the mainsail, spinnakers, and each headsail having a LP measurement exceeding 130% of the base of the foretriangle. A boat's sail number is the number allotted to her by US Sailing, by her class, or her hull number. Cruiser Class boats are required to have identifying numbers on mainsails as a minimum.

### 3.0 REGISTRATION & ENTRY FEE

3.1 Participants are encouraged to register in advance by completing the registration form and sending it with the appropriate fee to: NFCC Race Captain, Don Gilbert, 10348 Huntington Forest Blvd., Jacksonville, FL, 32257.

3.2 Registration may also be completed during Registration on the day of the race (Sept 18, 10am-12pm) at the Rudder Club.

3.3 The entry fee is \$25.00 for NFCC Members, and \$35.00 for non-members (\$30.00 if U.S. Sailing Member). Checks should be made payable to North Florida Cruising Club.

### 4.0 CLASSES

4.1 The fleet will be divided into PHRF Spinnaker, PHRF Non-Spinnaker, and Cruiser classes. These classes may be further divided if number of entries permit.

4.2 All boats sailing with a mixed male and female crew will sail in the Cruiser Class.

4.3 Spinnakers are allowed in the PHRF-Spinnaker Class only.

## 5.0 SCHEDULE OF EVENTS

5.1	Saturday, September 18, 2004:	
	REGISTRATION	10:00 am - 12:00 pm
	COMPETITORS MEETING	12:00 pm
	WARNING SIGNAL (FOR FIRST CLASS)	1:00 pm
	POST RACE NOTICE OF AWARDS	As soon as possible following race

## 6.0 NOTICES TO COMPETITORS / CHANGES IN SAILING INSTRUCTIONS

6.1 Notices to competitors and changes to the sailing instructions will be posted before the Competitors Meeting on the day of the race on the official notice board located at the Rudder Club.

## 7.0 SIGNALS MADE ASHORE

7.1 Signals made ashore will be displayed from a flag pole.

7.2 Flag AP with two sound signals (one when lowered) means 'The race is postponed.' The warning signal will be made not less than 30 minutes after AP is lowered.

## 8.0 CLASS FLAGS

8.1	Class flags will be:	
	Spinnaker	Red
	Non-Spinnaker & Cruiser (combined start)	Yellow

## 9.0 RACING AREA AND COURSE

9.1 The racing area will be in the St. Johns River between the Buckman Bridge to the south and Channel Marker 1 to the north as depicted on NOAA Chart 11492.

9.2 The course will be displayed on the race committee signal boat and will indicate the marks to be rounded, the order in which they are to be passed, and the side on which each mark is to be left.

## 10.0 MARKS

10.1 Marks may be government marks, FCSA race marks, and/or yellow inflatable marks. A mark set to windward of the starting line as a windward mark will be designated "W". A mark set to leeward of the starting line as a leeward mark will be designated "L". Other inflatable marks used as course marks will be designated with letters from near the end of the alphabet to avoid confusion with FCSA marks.

## 11.0 THE START

11.1 The start line will be between an orange flag on the race committee signal boat at the starboard end and the port-end starting mark.

11.2 All boats shall check in with the race committee prior to the warning signal of the first class by sailing past the stern of the race committee boat on starboard tack and hailing her sail number. Boats failing to check in may be scored DNS.

11.3 The race will be started using rule 26 with the warning signal given five minutes before the starting signal. The warning signal for each succeeding class will be made after the starting signal of the preceding class.

11.4 The order of start will be announced at the Competitors Meeting and posted on the Official Notice Board.

11.5 Boats whose warning signal has not been made shall avoid the starting area.

11.6 Recalls will be made in accordance with Rule 29.

## **12.0 CHANGE OF COURSE AFTER THE START**

12.1 To change the position of the next mark, the Race Committee will move the original mark to a new position. The change will be signalled before the leading boat has begun the leg, although the new mark may not yet be in the new position. A Race Committee boat near the mark beginning the leg being changed will display flag "C" with a repetitive sound signal.

## **13.0 THE FINISH**

13.1 The finishing line will be between a staff displaying an orange flag on a race committee boat and the port-end finishing mark.

## **14.0 TIME LIMIT**

14.1 The time limit will be four hours for each class. Boats failing to finish within thirty (30) minutes, plus the difference in handicap, after the first boat in its class finishes or within the time limit, whichever is later, will be scored DNF. This changes rules 35 and A4.1.

## **15.0 PROTESTS**

15.1 A boat intending to protest shall do so in accordance with Part 5, Section A of the RRS.

15.2 Protests forms are available from the NFCC Race Committee. Protests shall be delivered to the Race Committee within thirty (30) minutes after the race committee boat has docked.

## **16.0 SCORING THE RACE**

16.1 PHRF time allowances will be calculated using PHRF handicaps as shown on the entry list and the distance in nautical miles assigned to the race and applied to the finishing time.

16.2 Each boat starting and finishing in a race, and not retiring or being disqualified, will be scored points equal to her corrected finish in class. The lowest score wins.

16.3 Boats not so scored that came to the starting area will be scored points, one more than the number of boats in her class that came to the starting area. (DNS, DNF, DSQ, RET)

16.4 Boats that did not come to the starting area will be scored points, one more than the number of all boats entered in the race (DNC).

16.5 Results will be forwarded to the Northeast Florida Women's Sailing Network for inclusion in series scoring in accordance with the rules of the Women's Sailing Series (WSS).

## **17.0 PRIZES**

17.1 First, second and third place prizes will be awarded in classes of 7 or more entered boats.  
First and second place prizes will be awarded in classes of 5 or 6 entered boats.  
First place prize will be awarded in classes of 4 or less entered boats.

17.2 The Henrietta Jefferies Perpetual Trophy will be awarded to the First Boat in Fleet on corrected time.

**18.0 DOCKING**

18.1 Docking may be available on a space available basis beginning Friday September 17, 2004.

**THE WOMEN'S SAILING SERIES**

**RACES IN THE WOMEN'S SAILING SERIES**

April 3	Navy Jax Yacht Club	The Wave Regatta
June 12	Epping Forest YC	The Jessie Ball Regatta
September 18	North Florida CC	Hands on the Helm Women's Regatta
October 24	Rudder Club	Women On Water

**COURSE NOTES**

<b>MARK</b>	<b>ROUND TO PORT (P) OR STARBOARD (S)</b>